

## PREP

PREP is short for preparation and focuses on all of our students developing the independent skills and qualities needed to be successful when they start their GCSE course and life in general.

This begins as soon as you start in Y7 so that you know what is expected of you and experience the culture of success at Frederick Gough School. PREP is about you taking responsibility for your own learning and is captured in our motto "Try your best, be nice and you will do well"

PREP will help you develop such skills as:

- tenacity & work ethic
- revision skills
- ability to plan your own work or time
- organisation
- time management
- an understanding of some of the requirements (particularly written) in more 'vocational' options.

Using our learning platform (FROG), you will be able to access your weekly allocation of PREP work. Each activity will have a suggested time allocation and cover a range of subject areas. There will be a variety of activities designed to prepare you for your GCSEs including:

- knowledge recall, quizzes, tests
- writing development, essay based, answering questions
- reading, researching, learning key phrases, improving SPaG
- revision techniques, mind maps, Cornell notes, flash cards

You will be expected to organise your own time and schedule PREP throughout the week. The calendar in FROG will support you to do this and to work around any other weekly commitments such as extra-curricular activities in order to meet your deadlines. Your teachers will give regular feedback on your input and you yourself; will self-assess the amount of effort and time you have put in to completing each task.

All of your PREP has been carefully planned, varied and will become increasingly demanding. Every pupil will be expected to try their best with PREP and experience the positive impact of your improved confidence, resilience and self-motivation to study effectively on your own. As a result you will be able to cope with the increased workload expected of you when it comes to studying for your GCSE's in KS4.

*'Before anything else, preparation is the key to success'*

*Alexander Graham Bell*